Is Senior Living for your or your loved one?

☐ Is it difficult for you to arrange transportation for shopping and medical appointments?

☐ Do you skip any meals daily?

☐ Do you wonder if help will arrive quickly in an emergency?

☐ Has bathing or showering become difficult for you?

☐ Do you sometimes fear for your personal safety?

☐ Have stairways made getting around more difficult?

☐ Do you feel dependent on family members to meet your needs?

☐ Have routines such as grocery shopping & household cleaning become tedious chores?

☐ Are you sometimes lonely & isolated?

☐ Do you miss social activities with people who share your interests & hobbies?

☐ Do you have difficulty managing your medications?