



5 Common Home Health Myths

Many people aren't familiar with or don't completely understand what Home Health services are. There are many misconceptions out there, here are five of the most common:

1. Home Health services are expensive, I'll never be able to afford it. This is the most common misconception about home health services. Cost is determined by the length of time and services provided AND a part of the cost is often covered by Medicare*.

2. Home Health means full-time, 24/7 care is required. This is simply not the case; home health patients receive varying hours of care per week. Care and schedules are one-on-one and customized to each individual. Dedicated clinicians will assess your needs and goals, as well as your environment and work with you to help you reach your health goals.

3. To qualify for Home Health services you must be unable to leave your home. Patients receiving home health services must be considered "homebound" which means any absences from the home are infrequent, short in duration and require a taxing effort. Patients may still leave their home to meet medical needs (ie - doctor appointment, dialysis, etc.)

4. I can't use Home Health services if I live in a senior living community. Wrong again. Home health services can be utilized in your own private home or in your apartment at one of our Edgewood communities.

5. I have no say in who comes into my home to provide care. That's certainly a scary thought and fortunately not true! Your safety, security and comfort are paramount, so we carefully match caregivers and patients, taking preferences and personalities of both into account. The CaringEdge Home Health teams work closely with the Edgewood teams, so you'll surely see a lot of familiar faces from around the community!

Now that we'd debunked some of the common myths, let's discuss some of the indicators that Home Health services may be right for you:

- Have you been diagnosed with a new illness?
- Has your medication changed recently?
- Were you hospitalized recently?
- Is it difficult to leave your home for medical appointments?
- Do you require skilled nursing services?
- Do you require therapy services?
- Do you find daily activities difficult to accomplish?
- Would you rather be cared for at home, whether that's a private residence or an Edgewood community?

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